Objectives

In this lesson you are going to investigate the leisure activities people in your class enjoy. You'll also read about a different viewpoint of leisure activities.

After completing this lesson you should be able to:

- Find out some facts about what people in your class do for recreation using survey questions and report these facts back.
- Read a report about young people and discuss the information it contains.
- Create a survey using a variety of question forms.
Task.

In this task you are going to use questions to find out which types of recreational activities people in your class spend time on, decide which types of things are most popular and report what you find out using the information you collect.

Work in small groups.

Look at this question from a questionnaire designed for a survey used to find out about the recreational habits of young people in the US.

How much time do you spend in front of a screen for non-educational purposes?

1 never     2 a little     3 a bit     4 quite a bit
5 most of my time

Each group should use two items from the set in the box on the right to find out about your classmates.

Alternatively, you might like to use your own ideas.

- How much time they spend in front of a screen.
- If they play video games - on their own or with friends.
- How much time they spend on social networks.
- The kinds of music they listen to.
- If they play a musical instrument regularly.
- If they are a member of a sports team.
- If they do any individual sports on a regular basis.
- If they are a member of a club of some sort.
- How much time they spend with friends each week.
- If they do something on a regular basis with one friend or a small group of friends.

Design survey questions like the one in the example in A.

Use your questions.
Ask and answer questions with all of the students who are not in your group.
Recreation survey

How did you do?

A Task feedback.
Form new groups.

There should be at least one person from each original group in your new one.

Show the members of your new group your survey questions and explain the results you collected.

Say what you think the information shows about your class.

Example

Our first question was ‘How much time do you spend in front of a screen for non-educational purposes?’ From the twenty people I talked to nobody said they never do this, three said a little and most said quite a bit. Only two spend most of their time in front of a screen! I think this shows that we might spend too much free time with TVs and devices and so on…but we do other things too.

B Give each member of your group a mark out of 10 for these things.

<table>
<thead>
<tr>
<th>Description</th>
<th>Score</th>
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<tbody>
<tr>
<td>How well they presented the information they had collected.</td>
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<tr>
<td>How well they gave their opinion about what their information shows.</td>
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<tr>
<td>Use of grammatical forms.</td>
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<tr>
<td>Clear pronunciation.</td>
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<tr>
<td>Use of lexical items to do with the topic area ‘recreation’.</td>
<td></td>
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</tbody>
</table>

C Work with another student.
Talk about these things.

♦ What inspires them to do what they do for recreation.
♦ Which activities are most popular in your class. Try to explain why.
Recreation survey

Reading

**Task follow-on.**
Read this entry from a blog written by a group of parents in a US city.

**Leisure and our under 18s - cause for concern?**

Fewer and fewer of our under-18s are playing outside these days as more and more of them spend their leisure time in front of a screen. Whether it’s a game console, a tablet, their smartphone or just the good old-fashioned TV screen, nearly 90% of US youngsters, according to a recent report, are not spending their free time with friends outside of the house. Over 60% have TVs in their bedrooms, an amazing 80% of children over 12 have their own cell phones, and more than half the boys questioned for the survey said they had a game console on which they spent at least two hours a day. Most, in fact, spent three hours or more.

When we conducted a survey of parents in south Dallas they reported that they were concerned that their children weren’t doing enough physical exercise. Less than 40% of their children are members of sports teams compared to 65% just 10 years ago. Even our kids seem to agree that American teenagers are getting lazier and more unhealthy but say that facilities like parks, tennis courts and sports fields are either not safe or just don’t exist. The problem is what can be done about it?

**Work in pairs.**
Talk about these ideas.

- Whether you agree that the young people spending less time outside and more sitting at home is a problem.
- Whether you think parents should be concerned.
- How the situation described in the blog compares with the situation in your country.
- If there are other reasons, not mentioned in the blog, why teenagers perhaps do less exercise than their parents.

**Report your ideas to the class.**

**Suggest some solutions to the problem which might help US teenagers.**
Today you...

- created a small number of survey questions and used these to gather information from your classmates. You then reported on what you had found out and discussed your overall findings as a class.

- read about and discussed a report which outlined concerns of parents in the US about the ways younger people there spend their leisure times.

Homework Idea

- Use the blog entry as a model and write about the most important things you found out from your class.